

PRACTITIONER TRAINING PROGRAM TELECONFERENCE DATES, TIMES, REGIONS AND TOPICS 2017

The teleconference dates, times and topics are listed below for the Practitioner Training Group.

Please record them wherever you need to in order to remember them. *Remember*, when you have signed up for the training, you will be charged for four teleconferences, whether or not you attend. So, clearly, it will be best for you to get the benefits by attending. We will charge you A\$85.00 per session for our teleconferencing and other costs .

GUIDELINES

General

1. We recommend that you choose to attend a particular sequence of teleconferences, the ones specifically for geographical area, for example. You are then more likely to have continuity in what you are learning and will be able to build relationships with others in the sessions more easily than if you move around a lot.
2. You are welcome to attend the other sessions, too. You will not be charged for any extra sessions as a bonus for your participation in the program. Many trainees are already aware of the richness that is available through the multi-national quality of these sessions.
3. If you are unable to attend a session in the sequence you have chosen, please feel free to make up that session in any of the others, if it is paired.
4. The times are organised as much as we can so that you will be able to attend. Time differences largely dictate what is available.

Communication

1. When you want to talk, say your name first, so others know who is talking; for example, "Ken here. I'd like to say ..."
2. When you wish to reply to someone else, use your own and the other person's name; for example, "Ken here. Elizabeth, I was wondering ..."
3. When anyone asks a general question, especially the leaders, please answer verbally; for example, "Does anyone have anything more to say on that issue?" Answer, "Yes/No". Because we can't see each other, nodding and shaking the head, smiling or scowling have little communication value.
4. You are expected to do the exercises for each teleconference from the end of the previous until the next one. These are daily exercises, too.
6. Not doing the home practice lets everyone down, including yourself, and slows your learning significantly.
5. Have as much fun as you can.

PRACTITIONER TELECONFERENCE DETAILS FOR 2017

DATES, TIMES, REGIONS AND TOPICS

Dates	Australia	New Zealand	UK	Western Europe
Session #1: April 11 th April 11 th	3.30 to 5.00 pm 6.00 to 7.30 pm	5.30 to 7.00 pm 8.00 to 9.30 pm	6.30 to 8.00 am 9.00 to 10.30 am	0730 to 0900 1000 to 1130
Session #2: May 30 th May 30 th	3.30 to 5.00 pm 6.00 to 7.30 pm	5.30 to 7.00 pm 8.00 to 9.30 pm	6.30 to 8.00 am 9.00 to 10.30 am	0730 to 0900 1000 to 1130
Session #3: August 15 th August 15 th	3.30 to 5.00 pm 6.00 to 7.30 pm	5.30 to 7.00 pm 8.00 to 9.30 pm	6.30 to 8.00 am 9.00 to 10.30 am	0730 to 0900 1000 to 1130
Session #4: November 14 th November 14 th	5.00 to 6.30 pm 7.00 to 8.30 pm	7.00 to 8.30 pm 9.00 to 10.30 pm	6.00 to 7.30 am 8.00 to 9.30 am	0700 to 0830 0900 to 1030

Note: These times have been calculated with the end of DST in Australia on 2nd April, 2017 and the start of DST 1st October, 2017; with UK and Western Europe start DST on 26th March, 2017 and it ends on 29th October, 2017; and DST in NZ ends on 2nd April, 2017 and DST starts on 24th September, 2017.

TOPICS:

Session #1: *Setting the scene for the year:* Come to the teleconference with a thought out assessment of what you have already completed in your Practitioner Training. Consider what you are still to learn and discuss this with Ken and Elizabeth. The overall idea is to work out your program for the year. Be prepared for the first session on April 11th. This is a very important beginning to the new year.

Session #2: *Spending time with a meditation master:* Do we need this and what are the key benefits? Not all approaches to awakening insist that this is necessary. How will we know it is worthwhile. Prepare yourself to discuss this in the May session. How does their support and help? Are there aspects to this about which we need to be wary?

Session #3: *Living in the "always on technology world":* Can my meditation practice be aligned with my needs and practically help me deal with this? Can I have both: my meditation practice and the "current benefits" of new technology? Assess how connected you are to your computer, smart phone, internet, Facebook etc.? Be prepared to discuss this in Session 3.

Session #4: *How does my spiritual advancement assist those close to me?* And what do I need to be aware of about how we are impacting others? What we do and who we are generally has an impact on everyone around us. Be prepared to discuss the impact your practice has had on those around you? Prepare yourself for Session 4 so we have a lively discussion of this.