

MASTER PRACTITIONER TRAINING PROGRAM TELECONFERENCE DATES, TIMES, REGIONS AND TOPICS 2012

The teleconference dates, times, regions and topics are listed below for the Master Practitioner Training Group.

Please record them wherever you need to in order to remember them. *Remember*, when you have signed up for the training, you will be charged for four teleconferences, whether or not you attend. So, clearly, it will be best for you to get the benefits by attending.

MP3 recordings of all sessions are available. Trainees find these valuable for listening to their own sessions again and to the other sessions in each pair, the ones they don't attend. They hear many things they missed. (The cost is A\$20.00 per pair.)

GUIDELINES

General

1. We recommend that you choose to attend a particular sequence of teleconferences, the ones specifically for geographical area, for example. You are then more likely to have continuity in what you are learning and will be able to build relationships with others in the sessions more easily than if you move around a lot.
2. You are welcome to attend the other sessions, too. You will be charged for any extra sessions as we have to pay our costs for your attendance. Many trainees are already aware of the richness that is available through the multi-national quality of these sessions.
3. If you are unable to attend a session in the sequence you have chosen, please feel free to make up that session in any of the others, if it is paired.
4. The times are organised as much as we can so that you will be able to attend.

Communication

1. When you want to talk, say your name first, so others know who is talking; for example, "Ken here. I'd like to say ..."
2. When you wish to reply to someone else, use your own and the other person's name; for example, "Ken here. Elizabeth, I was wondering ..."
3. When anyone asks a general question, especially the leaders, please answer verbally; for example, "Does anyone have anything more to say on that issue?" Answer, "Yes/No". Because we can't see each other, nodding and shaking the head, smiling or scowling have little communication value.
4. Have as much fun as you can.

The Awakening Network Inc.
PO Box 271, Seymour,
Victoria 3661, Australia;
Int. Tel.: +61 3 5799 1198
Fax.: +61 3 5799 1132;
Email: contact@awakenw.net ;
Website: <http://www.awakeningnetwork.net/>
Website Shop:
<http://www.awakeningnetwork.net/shop/index.html/>

MASTER PRACTITIONER TELECONFERENCE DETAILS FOR 2012

DATES, TIMES, REGIONS AND TOPICS

Dates	Australia	New Zealand	UK	Western Europe
Session #1: March 20 th March 20 th	5.00 to 6.30 pm 7.00 to 8.30 pm	7.00 to 8.30 pm 9.00 to 10.30 pm	6.00 to 7.30 am 8.00 to 9.30 am	0700 to 0830 0900 to 1030
Session #2: June 19 th June 19 th	3.30 to 5.00 pm 6.00 to 7.30 pm	5.30 to 7.00 pm 8.00 to 9.30 pm	6.30 to 8.00 am 9.00 to 10.30 am	0730 to 1000 1000 to 1130
Session #3: September 4 th September 4 th	3.30 to 5.00 pm 6.00 to 7.30 pm	5.30 to 7.00 pm 8.00 to 9.30 pm	6.30 to 8.00 am 9.00 to 10.30 am	0730 to 1000 1000 to 1130
Session #4: November 13 th November 13 th	5.00 to 6.30 pm 7.00 to 8.30 pm	7.00 to 8.30 pm 9.00 to 10.30 pm	6.00 to 7.30 am 8.00 to 9.30 am	0700 to 0830 0900 to 1030

Note: These times have been calculated with the end of DST in Australia on 1th April, 2012, and the start of DST 7th October, 2012; with UK and Western Europe start DST on 25th March, 2012 and it ends on 28th October, 2012; and NZ starts DST on 30th September and it ends on 1st April, 2012.

TOPICS:

Session #1: Personal Review: Spend time each day opening yourself to the following: a regular daily spiritual practices, the themes that are current in your life, what is emerging as important for you, and if you still conceive of yourself as having a journey, what is the next step in that for you? Bring you answers to Session #1.

Session #2: Staying in the Silence, Stillness & Transparency: Regularly pause at the end of each activity: when you end a phone call, before you begin to have a drink or meal – any activity that is either mundane or significant to you. As you pause, experience the silence, the stillness, the transparency of the present moment. Seek and open yourself to these qualities You may access one more easily accessed than the others; allow this. Let these ‘moments of pause’ – ‘a pause for poise’ – to stretch out. Bring your experiences to Session #2.

Session #3: Kindness: Engage in ‘random acts of kindness’ for the month before the session. Do at least one of these each day; do many more as you start naturally to relish the process. Centre in or focus on your physical heart as you do these things. Make note of the acts and the effects of them. Many things might change for you and for the others affected by you. You could decide to do this exercise particularly with people with whom you don’t get on well, people you don’t like etc. Bring you experiences to Session #3.

Session #4: Adyashanti Not-Knowing Practice: Read the attachment to by email in January about the subjects for each teleconference. Read from the heading (The Willingness to Question Everything) on the first page to the end. Meditate on the meaning of what you read and do the practice of asking ‘Do I really know what I think I know?’ ‘What do I actually *know*?’ and ‘What do I want to believe or imagine?’ every day for a month before Session #4. Notice what you learn and share this with everyone in the session.